**STATELESS API**

The server does not store any information about the client's previous requests.

* Every request contains all the information needed to process it.
* Server treats each request as independent.
* No client session is stored on the server.

Eg:Authorization like password.

**STATEFUL API**

The server remembers the client's state between requests (like sessions or login ).

* If I log in, the server creates a session.
* I don’t need to send credentials every time the server remembers my session.
* Eg:Post,Get,Put etc.